



# NEWS FROM THE NEST

June 20 – 24, 2022

EAGLES S.O.A.R  
(Safe Organized Accountable Respectful)

With so much wet weather recently it is a good thing that most children enjoy mudpuddles and wearing rubber boots. Now if only they could get them on the right feet, you would think that it would be a 50/50 chance to get it correctly but it never seems to be the case.

We seem to have more on the go the fewer the days that we have left in the school year. I would like to thank those who were able to join us for the AGM's of the Parent Council and Friends Society and give a huge thanks to both groups for all that they have done and continue to do to make our school a great place for our students and staff. Our students had a lot of fun learning more about what is beyond Earth's atmosphere with the Astrodome Experience and so many classes enjoying spirit style days with the alphabet countdown.

This week will be another busy one for our grade 6 students and teachers as they complete writing the Provincial Achievement Tests (PAT's). As we aim to continue to aid in our understandings while on our journey for Truth and Reconciliation, we are excited for the experiences that we will be able to engage in on Indigenous Peoples Day on Tuesday. These events will likely be highlights for the year for many of our students.

Often summer break brings on feelings of worry for our students and parents for various reasons, but lack of food should not be one of them. Each year East Lake provides snacks and lunches to kids who may need a little extra food. The Food bank can also provide our students in a similar way through "After the Bell" snack pack program. Inside the snack packs you will find shelf stable snack foods that kids love as well as some fresh fruit. If you would like a sample of what these snack packs look like please contact Mrs. Edeburn at [sedeburn@rockyview.ab.ca](mailto:sedeburn@rockyview.ab.ca) to ask for a sample pack to be sent home with your child or if you would like more information about the program.

As we get closer to the end of the year it is normal for children and adults to become dysregulated. This is because of anxiety around loss of structure and routine that many have come to rely upon. The first way to support one another through this change is to recognize the feelings and understand that they are perfectly normal and then try to look ahead to things that not having these same daily commitments will provide. Think of it as a gift of time that we now get to spend with those that we haven't been able to as much as we would have liked over the past several months.

Sincerely,  
Jordan Fenton

**Yearbooks For Sale**

**They can be purchased through SchoolCash for \$25**

Purchasing a yearbook is a great way to have a keepsake for the future from this year.

Website: <http://eastlake.rockyview.ab.ca>

Phone: 403-248-1091

**This Week:**

**June 21**

Indigenous Peoples Day

**Upcoming:**

**June 27**

Sports Day

**June 28**

Last Day for Students

**June 29 & 30**

Organizational Days for  
School Staff