



NEWS FROM THE NEST

September 29 – October 3, 2025

EAGLES S.O.A.R
(Safe Organized Accountable Respectful)

Dear Parents and Supporters of East Lake School,

This week, our school community engaged in meaningful learning and activities in recognition of the National Day for Truth and Reconciliation (Tuesday, September 30). Our commitment to learning about Indigenous Ways of Knowing and Being is ongoing and aligns with both the Alberta Program of Studies (Curriculum) and the Alberta Teacher and Leadership Quality Standards, which requires educators and school leaders to develop and apply foundational knowledge about First Nations, Métis, and Inuit for the benefit of all students.

As adults, we, too, are on our own journey with truth and reconciliation. This journey is about being open—willing to learn, reflect, and also to unlearn. It requires humility, listening, and a commitment to growth as we work alongside students in building understanding and respect.

We would like to extend our gratitude to RVS Indigenous Learning for supporting our Grades 7–9 lacrosse residency in partnership with the Alberta Lacrosse Association. Lacrosse, also known as the "Medicine Game," holds deep cultural significance and supports spiritual, diplomatic, and ceremonial practices in Indigenous communities.

On Thursday, students participated in Orange Shirt Day, a day to honor the experiences of children who were taken from their families to attend residential schools—many of whom never returned—and to acknowledge and support survivors and their families.

Our Indigenous Learning Staff Champions thoughtfully designed learning opportunities throughout the week. These included sharing curated storybooks, creating orange hearts for a school-wide display, and spending time in nature through sharing circles, sit spots, and reflection on the land.

At East Lake School, we integrate Indigenous perspectives into daily learning. Our focus on Peter Lilejedahl's "Building Thinking Classrooms" supports the decolonization of education, emphasizing collaboration, community, and respect.

Each child—and each person—matters at East Lake School.

In partnership,

Amanda Schultz, M.Ed
Principal, East Lake School
Rocky View Schools
403.248.1091

This Week:

Sept. 29

PL Day
No School

Sept 30

National Day for
Truth &
Reconciliation
No School

Oct. 2

Terry Fox Run

Upcoming:

Oct. 6-10

Young Bhangra
Cultural Dance
Residency
(Grades 7-9)

Oct. 8 & 9

Fall Individual Photos

Oct. 13

Thanksgiving
No Classes

For translation into other languages, please click here: translate.google.com

Website: <http://eastlake.rockyview.ab.ca>

Phone: 403-248-1091

Follow us on social media Instagram @eaglessoar and on Facebook East Lake School

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Safety and Good Neighbourship During Drop-Off/Pick-Up

The traffic volume on Kinniburgh Blvd during drop-off and pick-up times remains high. To help ease congestion, parents are kindly encouraged to walk, carpool, or bike whenever possible.

Please be aware that using the adjacent business parking lot for pick-up or drop-off is not permitted.

Let's all do our part by leaving a little earlier and prioritizing safety. Thank you for your cooperation and understanding!



Go to campaigns.mabelslabels.com and search for
Friends of Chestermere East Lake School Society (Chestermere)



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SHOUT BOYS

GET READY TO BUILD CONFIDENCE, MAKE FRIENDS, & LEARN SOME SKILLS WHILE HAVING FUN!

THURSDAYS 6:30-8:00 PM

AGES 10-13

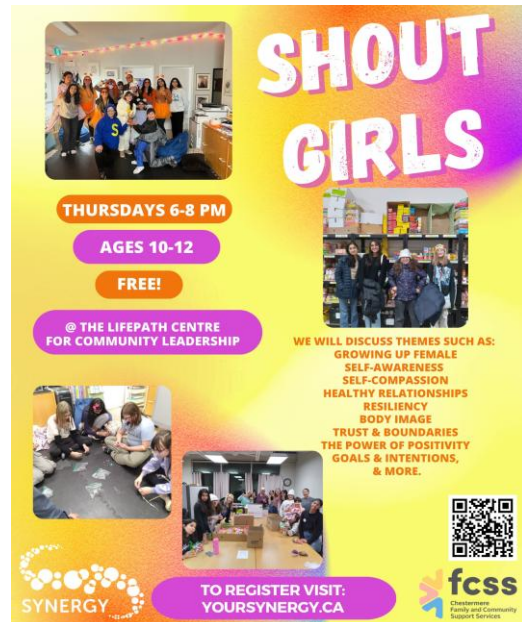
FREE!

@ THE LIFEPATH CENTRE FOR COMMUNITY LEADERSHIP

WITH AWESOME MENTORS, SHOUT BOYS IS ALL ABOUT TEAMWORK, SOCIAL SKILLS, & BECOMING YOUR BEST SELF.

REGISTER: YOURSYNERGY.CA
EMAIL: LUCAS@YOURSYNERGY.CA

fcss
Chestermere Family and Community Support Services



SHOUT GIRLS

THURSDAYS 6-8 PM

AGES 10-12

FREE!

@ THE LIFEPATH CENTRE FOR COMMUNITY LEADERSHIP

WE WILL DISCUSS THEMES SUCH AS:
GROWING UP FEMALE
SELF-AWARENESS
SELF-COMPASSION
HEALTHY RELATIONSHIPS
RESILIENCY
BODY IMAGE
TRUST & BOUNDARIES
THE POWER OF POSITIVITY
GOALS & INTENTIONS,
& MORE.

TO REGISTER VISIT:
YOURSYNERGY.CA

fcss
Chestermere Family and Community Support Services



THE DROP

COME CHECK OUT THE DROP!
MAKE FRIENDS, HANG OUT, DO YOUR HOMEWORK, PLAY GAMES
AGES 10+ FREE!!

WHEN
TUESDAYS & WEDNESDAYS
4-7PM

WHERE
THE CHESTERMERE REC CENTRE

yoursynergy.ca/thedrop

CRCA **Rotary**
Chestermere

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