



# NEWS FROM THE NEST

May 5 -9, 2025

**EAGLES S.O.A.R**  
(Safe Organized Accountable Respectful)

Dear Parents and Supporters of East Lake School,

Mme. Astrom had a quote to share first thing Monday morning as words light me up.

"I don't want to just "make it through." I deserve to flourish." -Laurie McIntosh

Laurie is a teacher and speaker and presented at the Alberta Early Childhood Education Council Conference over our break that Mme Astrom attended.

What wonderful words to describe this next "leg" of time between now and summer- for students, for the adults who support them and for our school staff.

I counted that we have eight more Mondays until the end of the year. We can look at "surviving" and wrapping things up, or we can look at high quality learning, instructional and planning time. We can cherish this last chunk of time together in community before we scatter for summer and our school grows this fall.

Students can flourish by being in attendance as much as possible. They can bring a healthy lunch and snack. They can dress appropriately to spend more time outside. They can SOAR through any learning situation. They can continue to learn about themselves, their peers and academics and communicate their needs with the East Lake adults who serve them.

Parents and adults who care for Eagles can also frame this next "stretch" as important learning time. Supporting our Eagles in remaining focussed is key. Asking lots of questions about the day, checking in with PowerSchool and maintaining communication with classroom teachers keeps everyone connected and informed.

And for our staff, this is the magical time where we reflect on where the year has gone and start to simultaneously think about the fall. Each group, class and student is different- where are the areas we can really grow between now and the end of June? Flourishing for our staff looks like a focus on wellness, collaboration and appreciation for one another.

May and June will be action packed and we will enjoy this time we have together.

Yours in all things Education,

Amanda Schultz, M.Ed  
Principal, East Lake School  
Rocky View Schools  
403.248.1091

## **This Week:**

### **May 7**

Kindergarten Open House  
5:00 – 6:00 pm

### **May 7**

Kindergarten Grad Photos

### **May 7 & 8**

Individual Spring Photos  
Grades 1-6

### **May 9**

Cultural Day

## **Upcoming:**

### **May 15**

Tea and Talent  
6:00 – 7:30 pm

### **May 16**

PL Day  
No School

### **May 19**

Victoria Day  
No School

### **May 23**

Popcorn Fundraiser

For translation into other languages, please click here: [translate.google.com](https://translate.google.com)

Website: <http://eastlake.rockyview.ab.ca>

Phone: 403-248-1091

Follow us on social media Instagram @eleaglessoar and on Facebook East Lake School

# PAGE 2

May 5 - 9, 2025

EAGLES S.O.A.R  
(Safe Organized Accountable Respectful)



East Lake will be holding our annual 'Culture Day' on **Friday, May 9th.**

**Please dress for the occasion** We would love for students to wear something special that day. This might mean traditional cultural dress, something that makes you feel like your best self, something that makes you feel confident, or something that is special to you for another reason. Students are also invited to bring artifacts to share with their classmates.

**Share your culture through food** If you are able to send in a special dish that is important to your cultural heritage, **please talk to your child's teacher.** Because of allergies, each teacher will decide what foods will be allowed in the classroom.

**Learning about diversity** We will be learning and sharing about the book "All Are Welcome" by Alexandra Penfold. Please ask your child about this book and what they learned today.



Website: <http://eastlake.rockyview.ab.ca>

Phone: 403-248-1091

Follow us on social media Instagram @eleaglessoar and on Facebook East Lake School

# PAGE 3

May 5-9, 2025

**EAGLES S.O.A.R**  
(Safe Organized Accountable Respectful)



325 Kinniburgh Blvd.  
Chestermere, AB  
T1X 0P4

Phone:  
403.248.1091

Email:  
[eastlake@rockyview.ab.ca](mailto:eastlake@rockyview.ab.ca)

Web:  
[eastlake.rockyview.ab.ca](http://eastlake.rockyview.ab.ca)

## East Lake School

Principal:  
Ms. Amanda Schultz

Asst. Principal:  
Ms. Susan Noble

Asst. Principal:  
Mme Alexis Gross

April 2025

Dear East Lake Community,

We are thrilled to announce that East Lake School's Student Council will be hosting our 5th Annual Tea and Talent Night fundraiser on May 15th! This year, all funds raised will go directly to supporting Heart Mountain Rescue. An organization dedicated to finding forever homes for dogs in need.

The evening promises to be filled with amazing student performances, a raffle featuring a variety of themed prize baskets, and a selection of tea, other beverages, and desserts—served by our hardworking Student Council members from grades 5 and 6.

To help make this event a success, we are seeking donations. Contributions could include refreshments, gift certificates, or items to add to our themed baskets, such as sports, self-care, food, backyard/camping, pets, toys, or a night out.

**Please let us know your intent to donate and submit your donations by May 12th, 2025.**

If you are interested in donating or have any questions, please reach out to Michelle Girard at 403-248-1091 or [mgirard@rockyview.ab.ca](mailto:mgirard@rockyview.ab.ca).

Thank you for your support!

Sincerely,

East Lake Student Council

<https://www.heartmountainrescue.org/>



Website: <http://eastlake.rockyview.ab.ca>

Phone: 403-248-1091

Follow us on social media Instagram @eleaglessoar and on Facebook East Lake School