



NEWS FROM THE NEST

September 30 – October 4, 2024
S.O.A.R

EAGLES

Dear Parents and Advocates of East Lake School,

We have had a strong week of learning gearing up to National Day of Truth and Reconciliation on Monday, September 30th. This is a time to honor those who were impacted by the Canadian Residential Schools system. We are all learners on the journey of understanding, learning, unlearning and reflecting.

Our East Lake staff began this year with a session with Chantal Chagnon of Cree8. It was a special way to start the year in circle, in community, engaging in a smudge, drumming and teachings about the Medicine Wheel. In Alberta, applying knowledge about First Nations, Metis and Inuit is both a teacher quality standard and leadership quality standard in addition to curricular connections for teaching and learning. These efforts also align with our national commitment as Canadian citizens to uphold the recommendations made by the Truth and Reconciliation Commission of Canada.

Trish McCallum, RVS Indigenous Learning Specialist brought the Running Rabbit family to East Lake on Monday to share teachings and a traditional powwow dance. It was incredible to see the two groups of our school (PIP-gr 3 and gr 4-6) engaging in a circle dance. Throughout the week, teachers engaged in activities to support students in developing an understanding of and appreciation of Indigenous Ways of being and knowing. We took part in Orange Shirt Day today, with our East Lake theme of "East Lake Orange Shirts head outside." These events are in addition to the efforts teachers make each day to decolonize the classroom.

Often people think of historical content when considering what Indigenous teachings look like at school. We do teach historical content and we look at ways to decolonize structures within the school and classroom. We look to inviting learners into the learning experience, learning in community, storytelling, land based learning, prioritizing the domains of the medicine wheel (intellectual, spiritual, emotional and physical), honoring perspectives and viewpoints.

This year, our Indigenous Learning Champion Committee is available to all staff as they are available to participate. Special thanks to Mrs. Lamba, Mrs. Reynolds and Mrs. Contenti who engaged in planning for this week.

Hand over heart,

Amanda Schultz, M.Ed
Principal, East Lake School
Rocky View Schools
403.248.1091

For translation into other languages, please click here: translate.google.com

Website: <http://eastlake.rockyview.ab.ca>
Phone: 403-248-1091

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This Week:

September 30
National Day for
Truth and
Reconciliation
No School

October 2
Volunteer
Orientation
8:15 – 8:45 am

Upcoming:

October 9
School Pictures

October 11
PL Day
No School

October 14
Thanksgiving
No School

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Volunteer Orientation – October 2, 2024

East Lake School will be holding another Volunteer Orientation session on Wednesday, October 2, 2024. This session will run in the morning from 8:15 - 8:45. Attendance at one of our Volunteer Orientation sessions, along with a valid Criminal Record and Vulnerable Sector check from the RCMP, is required for those interested in volunteering at East Lake School this school year in any capacity. You will receive a letter to take to the RCMP station at the Volunteer Orientation.

Please let us know you will be attending by completing this brief form:

https://docs.google.com/forms/d/1Fe2i90AB4rQ89ZZ6W9eyLQRcxwnMw8y1poDX_a7mx4o/edit

Important Dates from Your PE Department

October 8: Grade 5/6 cross country meet at Banded Peak

Kiosk Begins Next Week Oct 3rd (Different from Hot Lunch)

Every Thursday during the lunch recess our School hosts a **KIOSK** for students in **grade 4, 5 and 6 ONLY**. Items available include things such as Popcorn, Doritos, Sparkling Ice Drink, Gatorade, Nachos & Cheese and a feature item such as Pizza or Chicken Nuggets. Currently items vary in price from \$2.00 to \$3.50 and there may be a limit on quantities purchased.

KIOSK is available ONLY to students in grade 4, 5 and 6. Our lunch recess times vary depending on the grade. Students in grade 4, 5 and 6 are asked not to bring money to purchase items for siblings in the younger grades. It causes a disruption in the classes as some of those students will have already finished their lunch and have started their afternoon learning.

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Synergy Program Registration is Now Open!

[SHOUT GIRLS](#) - ages 10-12 Thursdays 6-8pm Registration Required

[SHOUT BOYS](#) - ages 10-13 Thursdays 6:30-8pm Registration Required

[Video Game Night](#) - October 18th at The Chestermere Rec Centre

[The Drop](#) - ages 10+ Tuesdays & Wednesdays 4-8pm No Registration Required

[Homework Helpers](#) - grade 4-12, Wednesdays at The Drop from 6-8pm

Visit yoursynergy.ca for more information about our **FREE** youth programs or reach out via email at involved@yoursynergy.ca

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