



NEWS FROM THE NEST

March 4 - 8, 2024

EAGLES S.O.A.R
(Safe Organized Accountable Respectful)

Dear Parents and Caregivers of East Lake School,

I was gifted a sign years ago that you can change the text characters for messages. I had a plan to change the message in my office weekly. I used my first message and have not changed the message since because it still holds true. The sign says, "In a world where you can be anything, be kind." As I enter and exit my office, I am reminded that this is my key intention in working with students, staff, and caregivers.

Pink Shirt Day was a great time to continue the discussion on what it means to show kindness to self, others and place. I was thrilled to get into classrooms to read "When We are Kind" by Monique Gray Smith, an Indigenous teacher and author. I encourage you to ask your Eagle "what does kindness mean to you"? You can then point out examples together of kindness as you see them at home and in the community.

We enjoyed House Day this week where Eagles explored the term "Honesty" with mixed graded groups of students and teachers to develop their understanding of the Seven Sacred Teachings. Students had very insightful thoughts to share on honesty and how it connects to kindness and Pink Shirt Day.

At East Lake, our SOAR values promote being safe and respectful in our interactions with self and others. Being safe allows students to keep physically safe while in the building. Being safe allows Eagles to treat themselves and others in a way that negates physical harm. Being respectful looks like using kind words, helping others and listening to others. All Eagles are responsible for being safe and respectful. Together, we create a community that is inclusive, accepting and a safe place to learn from our mistakes.

Have a wonderful weekend!

Amanda Schultz, M.Ed
Principal, East Lake School
Rocky View Schools

For translation into other languages, please click here: translate.google.com

Upcoming:

March 11

PL Day
No School

March 18-21

Scholastic Book Fair

March 20

Volunteer Orientation

March 20-21

Student Led
Conferences

March 26

Kindergarten Grad
Photos

March 26-27

Spring Photos

March 29

Good Friday
No School

Website: <http://eastlake.rockyview.ab.ca>

Phone: 403-248-1091

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Volunteer Orientation

If you are interested in volunteering for our school, we will be holding a Volunteer Orientation on Wednesday, March 20, 2024 @5:30 pm. If you are planning to attend, please click and sign up here: [Volunteer Orientation March 20, 2024 Sign Up Sheet](#).

If you are planning to volunteer at any of our Spring or Year End field trips, you will need to attend this Volunteer Orientation.



Eagles Spirit Wear on SALE Now

Eagles Spirit wear is available to order on School Cash Online Feb 22/24 - March 22/24 (delivery will be approximately mid April)

Short Sleeve T-Shirts \$16 (Blue/Light Grey/Dark Grey/White/Orange)

Long Sleeve T-Shirts \$22 (Blue/Light Grey/Dark Grey/White/Orange)

Hoodies \$35 (Blue/Light Grey/Dark Grey/White/Orange)

Joggers with elastic bottom \$38 (Blue/Grey)

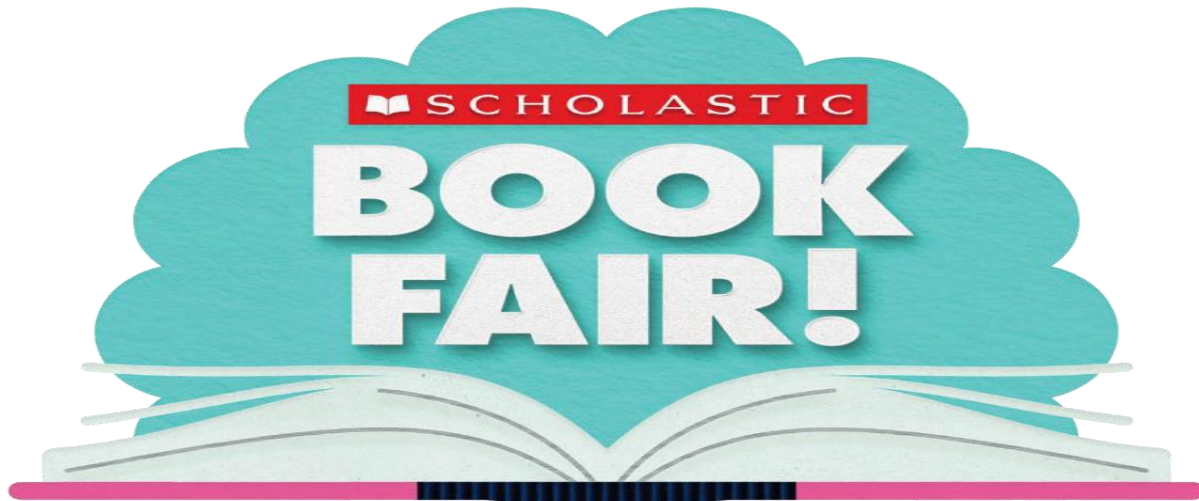
Ball Caps \$15 (Blue/Orange)

Crewneck Sweatshirt \$30 Note: available in adult sizes only. (Blue/Light Grey/Dark Grey/White)

Link to school cash online: <https://rockyview.schoolcashionline.com/>

Website: <http://eastlake.rockyview.ab.ca>

Phone: 403-248-1091



Books bring us together!

March 18 to 21

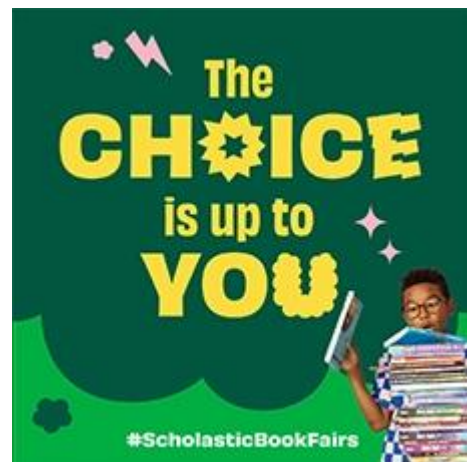
Open School Hours

Not at Recess or Lunch

Open March 20 and 21 during Student
Led Conferences

Located in East Lake Learning
Commons

Cash Credit or Debit accepted



Website: <http://eastlake.rockyview.ab.ca>

Phone: 403-248-1091