

## **NEWS FROM THE NEST**

April 15 - 19, 2024

**EAGLES S.O.A.R** 

(Safe Organized Accountable Respectful)

Dear East Lake Parents and Caregivers,

My family and I were lucky enough to go on a quick getaway over spring break. We had a wonderful time of togetherness, new experiences and some sunshine. We got back late and had to get to school and work the next morning. I was grateful that we had thought ahead to have basic lunches assembled and clothes out for the school day as the morning came rather quickly. Anything to make an early morning a bit easier!

When I am talking with my own tiny humans about "organization," I tell them it's about being kind to our future selves. Is there anything we can take care of now to save time and energy later? How can we best set ourselves up for a day without feeling rushed, unprepared and scattered?

At East Lake, "Organized" is our second community value in "Eagles SOAR." At school this looks like following directions, completing learning tasks and being prepared for learning. Following directions helps students stay guided along the learning pathway. Being prepared for learning and completing learning tasks allows for maximum time and focused energy in the classroom.

Organization is also unique to the individual. There are lots of strategies to support organization with your Eagle. When was the last time you did a "backpack audit"? What kinds of paper, art supplies, assignments, snack wrappers and other things are lurking in there? Talking through what you are doing is also a great way to teach organization. What do adults do to plan a meal or get ready for the day? Perhaps you use a family calendar to coordinate commitments. Breaking things down into chunks is a strategy we use in the classroom which can easily be used at home. Language such as "first..., then..." helps Eagles break down steps in tasks.

Life is demanding and there are many moving pieces. Any way we can prepare our Eagles to show up as their most organized selves clears the way for learning.

In "organized" partnership,

Amanda Schultz, M.Ed Principal, East Lake School

### This Week:

#### April 17

Parent Council Meeting 6:00 pm

#### April 19

Pre-K Open House 8:30 - 10:30 am

#### April 19

For the Love of Books

#### April 19

Kevin the Pack Goat Author Visit 8:30 am – 12:00 pm

### **Upcoming:**

#### April 29

PL Day No School

#### May 2

French Immersion Evening

For translation into other languages, please click here: <u>translate.google.com</u>

Website: <a href="http://eastlake.rockyview.ab.ca">http://eastlake.rockyview.ab.ca</a>
Phone: 403-248-1091

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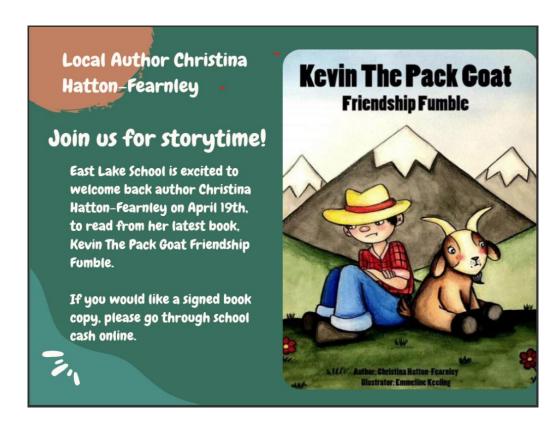
"For the Love of Books"

On Friday, April 19th, we are very excited to be hosting one of our favourite events at East Lake School, *For the Love of Books.* Teachers will be reading stories and each student in our school will have the opportunity to hear three different books. We also have some special guests coming to read.

One of the guests is author Mrs. Hatton-Fernley. She will be at our school with a special friend to share her love for reading with our PreK – grade 3 students. Her story is about a goat name Kevin!

A signed copy of the book is available to purchase to purchase for \$15.00 cash that day or it is also available to purchase on School Cash Online until April 26, 2024.

Your child is invited to dress up like their favourite book character and to bring a copy of that book to school. Dressing up is optional, your child will still be able to participate fully in all the fun, no matter what they are wearing!



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# **RVS Pre-Kindergarten 2024-25 Open Houses**



#### Rocky View Schools' Pre-Kindergarten Program

(**Pre-K**) offers developmentally appropriate programming within a welcoming, inclusive environment for children ages 3 - 5 years. Our childcentered, play-based approach aims to provide engaging experiences that reflect the developmental needs of all children building on their natural curiosity.

In partnership with families, learning is designed to nurture the whole child within an accessible and supportive environment. Children with developmental, medical, or social-emotional needs may receive therapeutic services from relevant members of the learning support team.

For more information regarding your application or the Open House, contact Trish Cull:

Early Childhood Services 403.945.4026 tcull@rockyview.ab.ca

#### **Open Houses**

East Lake School (Chestermere) Friday, February 2, 2024 or Friday, April 19, 2024 8:30 – 10:30 am

RancheView School (Cochrane) Friday, February 2, 2024 or Friday, April 19, 2024 8:30 — 10:30 am

Cooper's Crossing School (Airdrie) Friday, February 2, 2024 or Friday, April 19, 2024 8:30 – 10:30 am

Children are invited to attend and engage in the open play centres!

www.rockyview.ab.ca

Families can learn more and apply at:

https://www.rockyview.ab.ca/schools/learning/early-years/pre-kindergarten-program

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