



NEWS FROM THE NEST

February 19 – 23, 2024

EAGLES S.O.A.R

(Safe Organized Accountable Respectful)

Dear East Lake Families,

Being new, I'm reminded more than ever of the importance of feeling seen, heard and valued. It's the little things that are in fact the big things. Remembering that a student has a cat they adore or that they play on a hockey team are huge pieces of information that they choose to share with me. When I can follow up, there is no bigger smile you could imagine. The same goes for adults in the building and caregivers. We all want to know that we matter and that our presence is important.

When we enter the building, we bring far more than just our lunches. Things are happening in people's lives that can impact their learning and their day. Honoring each student's story is important to me. When things go well or don't go so well, students sharing their story is empowering an experience for them. Taking the time to sit down, be present and listen is a great opportunity to learn and build connections.

Valentine's Day was a wonderful time to remember to care for others around us. I was thrilled to get into classrooms to read a favorite book called "Love is You and Me" by Monica Sheehan. Sharing a book is a love language. Caring for others can include everything from making a phone call to sharing a cup of tea together. Thank you to the parents who organized the lovely Valentine's Dance. It was great to see so many students and families come together.

This week brought the 100th day of school which was a chance to celebrate our achievements and talk about numeracy! Basketball practice continued for the grade 6's. Staff came together for a restorative yoga session to focus on wellness and to simply enjoy being together.

As we go into a week away from East Lake, I wish you time together to recharge and connect.

With connection,

Amanda Schultz, M.Ed
Principal, East Lake School
Rocky View Schools

For translation into other languages, please click here: translate.google.com

This Week:

February 19

Family Day
No School

February 20-21

No School

February 22-23

Teachers
Convention
No School

Upcoming:

February 28

Pink Shirt Day

Mar 1

AES Survey
closes

Website: <http://eastlake.rockyview.ab.ca>

Phone: 403-248-1091

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Friends of Chestermere East Lake School Society:

Thank you to all the volunteers, bakers and everyone who made our Valentines dance such a success!
We raised \$1,800 from this event and we couldn't have done it without you!

Thank you to all the parents who are sending a toonie for our popcorn Friday fundraiser!
We really appreciate all the volunteers who make this so rewarding! Thanks to everyone we have raised over \$1,000!!

Eagles Spirit Wear on SALE next week

Eagles Spirit wear will be available to order on School Cash Online Feb 22/24 - March 22/24
(delivery will be approximately mid April)

Short Sleeve T-Shirts \$16 (*Blue/Light Grey/Dark Grey/White/Orange*)

Long Sleeve T-Shirts \$22 (*Blue/Light Grey/Dark Grey/White/Orange*)

Hoodies \$35 (*Blue/Light Grey/Dark Grey/White/Orange*)

Joggers with elastic bottom \$38 (*Blue/Grey*)

Ball Caps \$15 (*Blue/Orange*)

Crewneck Sweatshirt \$30 Note: available in adult sizes only. (*Blue/Light Grey/Dark Grey/White*)

Link to school cash online: <https://rockyview.schoolcashionline.com/>